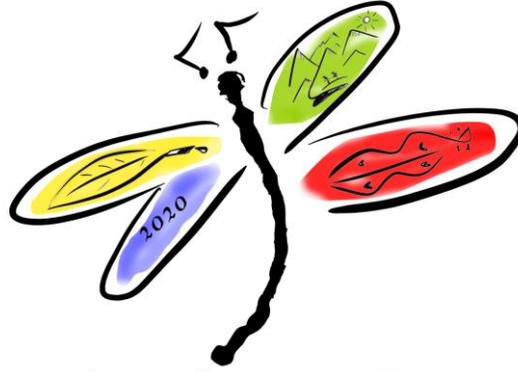


# Melodies and Musings



## Our Appalachian Legacy

Each class is held Wednesday through Friday at the time indicated. You will receive one hour and fifteen minutes of instruction, at the same time each day for that class for a total of 15 hours. Pick n' Choose instruction is different each day for an additional 3 hours. Individual class schedules will be in registration packets. All classes will be at RSVP, 19272 US Hwy 431, Guntersville, AL 35976. Registration packets may be picked up between 3-5pm on Tuesday, September 22.

<b>CLASS SCHEDULE      Wednesday, Sept. 23 – Friday, Sept. 25</b>	
8:30 - 9:45 AM	Session One
10:00 - 11:15 AM	Session Two
11:15 AM - 12:15PM	Lunch Break - Jamming, Vendors in MP Room
12:15 – 1:15 PM	Fun "Pick n' Choose"
1;30 – 2:45 PM	Session Three
3:00 – 4:15 PM	Session Four
4:15 - 5:30 PM	Supper Break
5:30 PM	Evening Activities

## SESSION WORKSHOP TRACKS

**Mountain Dulcimer Track, \$135**  
**Late Registration after Sept 1, \$145**

Choose from Beginner/Novice, Intermediate or Advanced. You will have one session each day with each instructor: Paul Andry, Anne Lough, Susan Trump and Margaret Wright. Fee includes 15 hours of mountain dulcimer instruction working with nationally known instructors, 3 afternoons of fun "Pick n' Choose", one entrance to evening activities and one entrance to Friday festival concert.

	<b>Beginner/Novice Track</b> Same instructor same time each day Instructors will teach different material each of the 3 days
8:30 – 9:45am	<b>Front Porch Strumming and More!</b> We will work on developing a good right hand strum, learn how strum direction can help you with counting and rhythms and explore some basic ideas about chords and left hand fingering. AND, we'll learn some really fun tunes for your repertoire. DAD Tuning – Susan Trump
10-11:15am	<b>Focus on Basics:</b> with a view to your future with the dulcimer. Strumming techniques, rhythmic energy and production of clear tones through proper fretting will be addressed daily. The techniques will be taught through learning simple, fun tunes from the Old Time Music Repertoire. Fingering, muscle memory and ear training will be achieved through breaking down these tunes into bite size pieces and with repetition. Simple retuning of the instrument will be included for playing in multiple keys. Chords will be touched on, jamming will be encouraged and most of all, you will become familiar with your instrument and HAVE FUN! – Margaret Wright
1:30 – 2:45pm	<b>Experience the Joy of Making Music</b> as we develop and refine basic skills of strumming and finger placement on the dulcimer. Drawing from a variety of folk tunes, hymns and carols, we will expand our repertoire while focusing on learning and practice techniques to train the ear and understand how to approach new tunes. And, of course, we will have fun in the whole process! – Anne Lough
3:00 – 4:15pm	<b>String Side Up – Fretting/Strumming/Reading Tablature:</b> Build a great foundation that you will use throughout your dulcimer journey. We will cover all the basics including dulcimer anatomy, holding the instrument, strumming, proper fretting, “fool proof” fingering, tuning and reading tablature – then applying these techniques to several simple songs. Each song will add to your skill level of play. Learn to play simple melodies on one string - then review, adding the three basic chords always used when tuned to DAD. Build confidence knowing you have mastered the mechanics of playing the mountain dulcimer and can apply these techniques to new arrangements - and join the jam! – Paul Andry

	<b>Intermediate Track</b> Same instructor same time each day Instructors will teach different material each of the 3 days
8:30 – 9:45am	<b>Continue to Focus on Basics:</b> strumming with energy and producing a smooth sound, proper fretting, ear training and clear ringing tones. Basing all teaching from Old Time Repertoire, more difficult tunes with longer, more involved phrasing will be introduced. Chords will be presented as accompaniment as well as in chordal-melodic playing. We will play in various keys by retuning and use of a Capo. The nature of the “intermediate” class, being somewhere between beginner and advanced, sets up a unique combination of needs and I am ok with the various levels that may be working together. Adjustments will be made to meet various needs even while working on the same material. Jamming will be encouraged, and students will be able to move about the fretboard with ease, allowing them to quickly and comfortably acquire new tunes and HAVE FUN! - Margaret Wright
10-11:15am	<b>Explore a Rich Variety of Music</b> as we focus on chord melody playing, ear training, finger placement, using a capo, harmony and musicality. We will pay special attention to left hand technique, smoothing out hammer ons; pull offs and slides as well as a variety of right hand techniques such as flat picking and finger picking. - Anne Lough
1:30 – 2:45pm	<b>Add to your Skill Level and Repertoire.</b> We will start out with some slow, easy and popular jam songs. I will also introduce some old and some new arrangements that have become my club’s favorites. We will play songs in different keys without re-tuning, “draw/pluck” (using the right index finger only) and try a little flat picking of individual notes between strum strokes. We will play fiddle tunes, Cajun favorites, Celtic, Christmas as well as some old standards. You will hopefully learn several new songs that stimulate your imagination and desire to play and share! Bring or borrow a capo to play in several keys. - Paul Andry
3:00 – 4:15pm	<b>Getting to Know You”</b> There are chords that go with each melody note. We’ll learn about those and the patterns they create as we enjoy some hymns, tunes from the British Isles, Susan’s originals and of course songs from our Appalachian roots. Some will have several parts, so we will be busy! DAD Tuning - Susan Trump

	<b>Advanced Track</b> Same instructor same time each day Wednesday – Friday Instructors will teach different material each of the 3 days
8:30 – 9:45am	<b>With Just Three Strings</b> and one scale, the mountain dulcimer is an incredibly versatile and creative instrument. Bring out the muse within as we explore many different music genres, from beautiful Celtic airs to Classical tunes. We'll also explore a variety of tunings and arranging possibilities while honing left and right hand technique, playing parts and increasing our musicality. - Anne Lough
10-11:15am	<b>Some of my Favorite Arrangements.</b> Several songs are strummed; others will require finger picking, and/or the use of a 1.5 fret and possibly a capo. Arrangements will cover old time, blues, Celtic, ragtime syncopated and modern genres. Although many of these songs are played solo, several can be played with two or three parts as duets or ensembles. For those of you who have been playing the standards, this class will, hopefully, stimulate your interest and give you some new and exciting songs to play. I look forward to sharing them with you!

	- Paul Andry
1:30 – 2:45pm	<b>Playing in D, G and Minor Keys without a Capo AND MORE:</b> Playing in D, G and Minor Keys without a Capo AND MORE We'll learn chords and progressions in D, G, Am, and Bm. Then we'll learn tunes in D, modulate to the new key and back to D. It is a beautiful way to add variety to your playing and it is easier than you think! Repertoire will include Celtic and international music, so be prepared for some really pretty tunes. DAD Tuning - Susan Trump
3:00 – 4:15pm	<b>Work Toward Making a Tune Your Own:</b> with embellishments and variations. We will learn that the dulcimer can play in any key through retuning and use of the capo. We will learn how to transpose tunes from one key to another. Still using Old Time Tune Repertoire, tunes that are more difficult will be presented, and we will work toward learning fiddle tunes by listening. Harmony playing and developing a harmony line on your own will be introduced. Once again, various needs within the group will be met by focusing on different approaches to the same song material. Through the more creative approach, each student should be at ease with the instrument and able to play in any jam session and HAVE FUN!! - Margaret Wright

## AFTERNOON FUN "PICK N' CHOOSE"

**Wednesday, September 23, 12:15-1:15pm**

1. **Tab from Paper to iPad – Paul Andry** - A demonstration of technique and programs to use...
2. **Autoharp Part 1 of 3 sessions – Anne Lough** - For more in depth study of the autoharp, join us all three days for a three session Autoharp workshop. **Autoharp Potpourri** – Enjoy singing and strumming along a variety of folk tunes and hymns on the autoharp as you learn and review the basic technique of strumming and finding chords. Learn to listen for the melodic “roadmap” by “tuning in” to scale intervals and venturing into melody playing.
3. **Songs of Appalachia** – Susan Trump - The people who developed this instrument used it to play and accompany the rich style of music they brought with them from their Scottish homeland, which was handed down for generations. We'll learn some of the ancient, traditional songs that are so beautiful and fit so perfectly on the dulcimer. DAD,
4. **Sacred Harp Singing – Margaret Wright** - This is a unique style of music, developed in the very early 1800's to teach people how to read music by the use of a system of “shaped notes.” Sacred Harp uses the four-shape system and is not the same as the seven shapes, such as the Stamps-Baxter Gospel songs. Involving unaccompanied, four-part harmony singing, each of the four parts are very melodic on their own. After working up the parts individually, they are then sung together, creating a very distinctive and haunting sound. You do not need to have any prior experience; however, experienced singers are welcome.

This class will be given on two days, but we will be working with different songs each day, so you may attend both days if you find that you LOVE IT!!

5. **Dowsing** – Wayne Gregg - Dowsing, in general terms, is the art of finding hidden things. Usually, this is accomplished with the aid of a dowsing stick, rods or a pendulum. Also known as divining, water witching, and other names, dowsing is an ancient practice whose origins are lost in long-forgotten history. However, it is thought to date back at least 8,000 years. Come take part in a demonstration. Try it yourself to see if you have the gift.

**Thursday, September 24, 12:15-1:15pm**

1. **Contra Dance** – Jane Ewing - American Traditional contra and square dancing is what our forefathers, especially in the Appalachian Mountains, did. This form of communication made it possible to talk to your neighbors & friends at gatherings while the fiddlers played their tunes. The caller magically moves the dancers in a way that passes you by everyone else in the hall during an evening.

2. **Syncopations** – Paul Andry - Have syncopations tripped you up? Add some “pizazz” to your repertoire! From simple fiddle tunes, to jigs, Celtic, ragtime, Mardi Gras, Caribbean and popular music, learn the basics syncopation and a simple techniques to apply these to several popular songs. This will include left hand “chops” played against a steady, eighth note, right hand strum.

3. **Writing Grandparent/Life Story Ballads (Part 1 of 2)** - Susan Trump - **Remember** some of your favorite family stories, silly things that happened when you were young? Want to share these with grandkids, nieces or nephews? We’ll spend time-sharing these experiences and then set them to simple folk tunes to create verses for a class “Remember When” ballad.

4. **Autoharp Part 2 of 3 sessions** – Anne Lough - For more in depth study of the autoharp, join us all three days for a three session Autoharp workshop. **Autoharp Potpourri** – Enjoy singing and strumming along a variety of folk tunes and hymns on the autoharp as you learn and review the basic technique of strumming and finding chords. Learn to listen for the melodic “roadmap” by “tuning in” to scale intervals and venturing into melody playing.

5. **Upright Bass** – Margaret Wright - Many dulcimer groups are longing for someone to play the “bottom” of the musical spectrum in their group. If you think that you have an ear for this or would like to give it a try, this is the class for you. This will be an introduction to the bass, plucking, playing on open strings, chords and patterns that would be very useful in any group, dulcimer or otherwise.

**Friday, September 25, 12:15-1:15pm**

1. **Music of the Cajuns** – Paul Andry - Cajun music is relatively catchy with an infectious beat and a lot of forward drive, placing the accordion at the center. Besides the voices, only two melodic instruments are heard, the accordion and fiddle, but usually in the background can also be heard the high, clear tones of a metal triangle. Because the accordion is a diatonic instrument it can only play tunes in a few keys – hence, its close relationship and adaptability to the mountain dulcimer.
2. **Autoharp Part 3 of 3 sessions** – Anne Lough - For more in depth study of the autoharp, join us all three days for a three session Autoharp workshop. **Autoharp Potpourri** – Enjoy singing and strumming along a variety of folk tunes and hymns on the autoharp as you learn and review the basic technique of strumming and finding chords. Learn to listen for the melodic “roadmap” by “tuning in” to scale intervals and venturing into melody playing.
3. **Writing Grandparent/Life Story Ballads (Part 2 of 2)** - Susan Trump - **Remember** some of your favorite family stories, silly things that happened when you were young? Want to share these with grandkids, nieces or nephews? We will spend time-sharing these experiences and then set them to simple folk tunes to create verses for a class “Remember When” ballad.
4. **Sacred Harp Singing** – Margaret Wright - This is a unique style of music, developed in the very early 1800’s to teach people how to read music by the use of a system of “shaped notes.” Sacred Harp uses the four-shape system and is not the same as the seven shapes, such as the Stamps-Baxter Gospel songs. Involving unaccompanied, four-part harmony singing, each of the four parts are very melodic on their own. After working up the parts individually, they are then sung together, creating a very distinctive and haunting sound. You do not need to have any prior experience; however, experienced singers are welcome. This class will be given on two days, but we will be working with different songs each day, so you may attend both days if you find that you LOVE IT!!
5. **Dragonfly Drop Necklace with Crystals** – Arlene Rakestraw - Advice from a dragonfly: Spend time near the water... Be colorful... Zoom in on your dreams... Appreciate long summer days.  
Bring home a remembrance of your time at our festival with a handcrafted Dragonfly drop Necklace with Crystals. All materials are pre-packaged for you...your only decision is what colors to choose from a rainbow of Swarovski crystals. No experience necessary. All tools are provided at the class. Supply cost \$12.

### **WORKSHOP MEAL PLAN**

We have arranged for lunch to be brought in for workshop participants, instructors, vendors and helpers, on Wednesday, Thursday, and Friday. Our Thursday evening activity includes dinner at a nominal charge.

At the time you register, you can order extra meals for spouses or family to eat with you. Prices and menus as follows:

**Lunches: Served at 11:15am in Courington Hall**

Wednesday, Sept. 23	Meatloaf, Broccoli, Roasted Potatoes Roll, Chocolate Cake & drink	\$8.50
Thursday, Sept. 24	Chicken Salad, Fruit, Croissant, Lemon Cake & drink	\$8.50
Friday, Sept. 25	Chicken & Dressing, Green Beans, Cranberry Sauce, Bread Pudding, & drink	\$8.50
<b>Thursday Picnic: Served at 5:00pm in Courington Hall</b>		
	BBQ Pork, Potato Salad, Baked Beans, Cole Slaw, Dessert and drink	\$10.00
<b>Meal Plan</b>	All 3 lunches and Thursday Night Picnic	\$33.50

*The cutoff for ordering meals and canceling meals will be September 1, 2020.*

*Any day at lunch, you can order a chef salad in place of the offered meal. Must order before September 1.*

<b>EVENING ACTIVITIES</b>	
<b>Wednesday, September 23</b>	
Dinner on your own	
<b>Thursday, September 24, 5:30PM</b>	
Open Stage –	5pm BBQ Picnic Courington Hall
<b>Friday, September 25, 5:30PM</b>	
Melodies and Musings Mountain Dulcimer Instructor's Concert – Courington Hall	