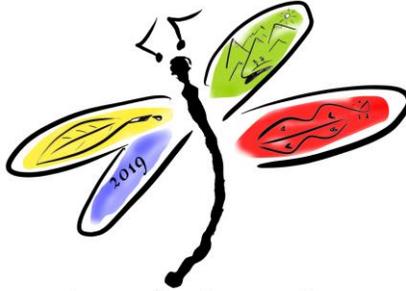


Melodies and Musings



Our Appalachian Legacy

Each class is held Wednesday through Friday at the time indicated. You will receive one hour and fifteen minutes of instruction, at the same time each day for that class for a total of 15 hours. Pick n' Choose instruction is different each day for an additional 3 hours. Individual class schedules will be in registration packets. All classes will be at the Guntersville Rec. Center, 1500 Sunset Drive, Guntersville, Alabama or in the Senior Center. Registration packets may be picked up between 3-5pm on Tuesday, September 24.

| CLASS SCHEDULE Wednesday, Sept. 25 – Friday, Sept. 27 | |
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| 8:30 - 9:45 AM | Session One |
| 10:00 - 11:15 AM | Session Two |
| 11:15 AM - 12:15PM | Lunch Break - Jamming, Vendors in MP Room |
| 12:15 – 1:15 PM | Fun "Pick n' Choose" |
| 1;30 – 2:45 PM | Session Three |
| 3:00 – 4:15 PM | Session Four |
| 4:15 - 5:30 PM | Supper Break |
| 5:30 PM | Evening Activities |

SESSION WORKSHOP TRACKS

Mountain Dulcimer Track, \$135
Late Registration after Sept 1, \$145

Choose from Beginner/Novice, Intermediate or Advanced. You will have one session each day with each instructor: Mark Gilston, Dana Gruber, Erin Mae Lewis and Carol Walker. Fee

includes: 15 hours of mountain dulcimer instruction working with nationally known instructors, 3 afternoons of fun "Pick n' Choose", one entrance to evening activities and one entrance to Friday festival concert.

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| | Beginner/Novice Track Same instructor same time each day Instructors will teach different material each of the 3 days |
| 8:30 – 9:45am | Bodacious Beginners: This class is designed to help build a good foundation as you develop your own playing style. We will review dulcimer basics while adding some beautiful Appalachian tunes to your repertoire. – Dana Gruber |
| 10-11:15am | Play & Sing Folk Songs - Learn the basics of accompanying your voice with your dulcimer, sing beloved American folk songs, and be part of the long tradition of communal music-making. The folk song tradition is getting lost in the younger generations, so it's important for us to know and share this music with our kids, grandkids, neighbors, etc. This class will empower you to do just that. – Erin Mae Lewis |
| 1:30 – 2:45pm | Singing with Your Dulcimer: We'll look at simple traditional ways of using the dulcimer to accompany songs and other dulcimers. We'll learn how to strum so you don't overpower the melody or your voice. We'll also be learning to play by relying on your ears rather than numbers. We'll learn basic chords, and examine the basics of playing harmonies. Recording devices are encouraged. Tab will be provided after as a memory aid. – Mark Gilston |
| 3:00 – 4:15pm | The Launch Pad: We'll start by reviewing all the basic elements (playing simple chords, reading tablature, and simple strumming techniques) to rev up your jets! Soon you'll be confidently coordinating left and right hand techniques and starting to build your repertoire. Next, we'll add those special touches that will have you sounding like you've been playing dulcimer for light years! And finally, we'll join forces to create our very own Dulcimer Orchestra! You'll be surprised at how much fun it is to play in an ensemble, and you'll also be surprised at how much YOU can personally contribute to this group as you rocket your way around the Wonderful World of Dulcimers. To infinity -- and <i>beyond!</i> – Carol Walker |

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| | Intermediate Track Same instructor same time each day Instructors will teach different material each of the 3 days |
| 8:30 – 9:45am | Flat-picking & Cross-picking- Learn techniques for playing individual strings instead of always strumming your dulcimer. We'll talk about pick choice, grip, & tone; apply cross-picking patterns into songs we already know; and learn how to convert any strum-melody tune into a flat-picked arrangement. – Erin Mae Lewis |
| 10-11:15am | How to Become a Better Dulcimer Player? In this class we will look at how to practice, develop proper technique, and avoid pitfalls and bad habits. We will learn fingering and picking exercises and warm ups, which will quickly improve your playing. We will learn lovely new tunes and revisit old favorites through which to bring you to new levels while enjoying beautiful music. – Mark Gilston |
| 1:30 – 2:45pm | Take Your Playing to the Next Level (capo required): You'll expand your left hand skills with new knowledge about chords in all different shapes and sizes, along |

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| | with techniques for making smooth transitions among them, <i>and</i> you'll learn how to decide which chord goes where when playing by ear. Your exploration into new right hand techniques will include "babysteps to fingerpicking," all of which will be applied to a variety of new pieces (including Appalachian songs) in your repertoire. - Carol Walker |
| 3:00 – 4:15pm | Barnyard Classics: Join us for some down on the farm fun focusing on fiddle tunes. We will work on breaking down more difficult tunes and increasing your playing speed. Also included will be a multi-part fiddle tune and three very different renditions of a beloved Christmas carol. - Dana Gruber |
| | Advanced Track Same instructor same time each day Wednesday – Friday Instructors will teach different material each of the 3 days |
| 8:30 – 9:45am | Christmas Around the World in chord melody style. Through exciting new and different repertoire, we'll learn both right and left hand techniques to advance our dulcimer skills. There will be music from France, Sweden, and a lovely Christmas round from Jean Ritchie. Bring a capo. - Mark Gilston |
| 10-11:15am | Tailless Tunes - Manx Music (various tunings, including DAD, GGD, and DAC -- capo required): The Isle of Man, a tiny island located in the Irish Sea, is an untapped source of beautiful Celtic-flavored melodies. Your journey will begin with various repertoire selections, including lively jigs and reels, and haunting ballads and lullabies, all arranged in a variety of styles, including fingerpicking and the use of unusual tunings and capo positions. I'll share anecdotes and photographs gathered during my own research trips to the island, during which I was given access to the original manuscripts of tunes collected by the Manx "songcatchers" during the 1890s, plus historical accounts related to the tunes' origins. You'll follow the evolution of these melodies as I developed them into modern day dulcimer arrangements. You'll even learn a bit of Manx Gaelic in the process! - Carol Walker |
| 1:30 – 2:45pm | Classical Ensemble: There are several classical works that were inspired by the beauty of the Appalachian region. This class will focus on performing enhancements, ensemble playing and listening skills. Join us as we explore some of these melodies arranged in multiple parts. - Dana Gruber |
| 3:00 – 4:15pm | Bluegrass Jam Skills- Develop the confidence to take your mountain dulcimer to jam sessions with fiddles, guitars, banjos, and more! We will talk about jam session etiquette, how to figure out the chords, how to play in different keys, how to improvise on songs you don't know, and back-up techniques. Bring a capo. - Erin Mae Lewis |

AFTERNOON FUN "PICK N' CHOOSE"

Wednesday, September 25, 12:15-1:15pm

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1. **Revisiting Our Childhood** – Mark Gilston - Lets share the songs you learned in the playground. Songs with hand gestures. Songs from camp. Songs you'd be embarrassed to sing in a concert. Really short songs. Parodies. You'll be surprised at what you remember, and delighted and amused by what you've never heard before.
2. **Swing Low – Dana Gruber** -Dust off your baritone dulcimer and join us as we focus on the accompanying the standard DAD dulimer. Baritone tunings will include both AEA and ADA.
3. **Instructional Jam Session** – Erin Mae Lewis - If you're new to jamming or just want a little support to feel more confident in jams, this will be a great class for you. It will be an open jam, but with lots of instruction between songs to help everyone jump in and play along!
4. **Classical Music for Wascally Wabbits (Int/Adv Level)** – Carol Walker - You'll be surprised by how many classical melodies you already know, thanks to Bugs Bunny cartoons, commercials, and TV and movie soundtracks. Featuring materials from Carol's newest book, you'll enjoy playing through some solo and ensemble repertoire transcribed directly from the original symphonic scores. You haven't lived until you've heard a Wagnerian 80-piece orchestral score condensed for use by a three-string diatonic dulcimer ensemble, but that's what it will be when you play the lovely and lilting "Kill Da Wabbit!"
5. **Crystal Dragonfly Bracelet** – Arlene Rakestraw - Advice from a dragonfly: Spend time near the water... Be colorful... Zoom in on your dreams... Appreciate long summer days. Bring home a remembrance of your time at our festival with a hand-crafted crystal Dragonfly stretch bracelet. All materials are pre-packaged for you...your only decision is what colors to choose from a rainbow of Swarovski crystals. No experience necessary. All tools are provided at the class. Supply cost \$12.

Thursday, September 26, 12:15-1:15pm

1. **Contra Dance** – Jane Ewing - American Traditional contra and square dancing is what was done by our forefathers, especially in the Appalachian Mountains. This form of communication made it possible to talk to your neighbors & friends at gatherings while the fiddlers played their tunes. The caller magically moves the dancers in a way that passes you by everyone else in the hall during an evening.
2. **International Jam** – Mark Gilston - We'll play simple tunes from all around the world (except the USA). All melody instruments are welcome (but we'll leave the chords to the dulcimer players). Bring a tune from another country that you'd like to play.

3. **Ragtime Dulcimer** – Dana Gruber - Join us for this fun and lively workshop as we discover ragtime music on the dulcimer.
4. **Intro to Chromatic Mountain Dulcimer** – Erin Mae Lewis - Explore the world of full chromaticism! The dulcimer I usually play has *all* the frets and I'd love to show it to you. If you have a chromatic dulcimer, bring it; if you don't, come check out mine!
5. **Carol's "Chamber of Wonders"** (All levels) – Carol Walker - Bring a 2-minute segment of a piece that you've been working on. Let Carol say, "I wonder what would happen if..." See how much you can gain from a master teacher's one-on-one feedback. Similar to a "master class," every person in the room learns from everyone else. Though the number of actual playing slots is limited, there is no limit to the number of people who can attend this workshop, and no limit to what you could learn just by observing. (Please make advanced arrangements if you want to be a "player.")

Friday, September 27, 12:15-1:15pm

1. **Dulcimer Master Class** – Mark Gilston - Bring a prepared tune to share. I'll try to make constructive suggestions about the arrangement and playing technique, dynamics, etc. geared to your level of playing ability, and others are encouraged to share suggestions as well.
2. **Sweet Dreams** – Dana Gruber - Discover the beauty of fingerpick-style dulcimer playing with tunes to include sweet lullabies and dreamy waltzes. This class will be taught at an intermediate level, but all are welcome!
3. **Advance the Music** – Erin Mae Lewis - A discussion about how to keep our beloved folk music and instruments alive by introducing it to young people. I have experience leading kids music camps, after-school classes, instrument petting zoos, and kids workshops. I'll share some of my experiences, and help you explore ideas for using and sharing your gifts.
4. **Practice with Purpose** (All levels) – Carol Walker - Until someone invents a magic pill that will automatically allow you to play every piece perfectly, you will need to do the work yourself! I'll share my *many* years of practicing various instruments as we explore tried and true methods that you can apply to any song you want to learn. In the process, you'll develop skills that can be applied to many other songs, you'll build your repertoire, and you'll be more confident when you perform for others.
5. **Ukulele FUNDamentals**– RSVP Ukesters - The ukulele is an easy instrument to learn, and quickly rewarding. Bring your soprano, concert or tenor Ukes and learn the basics: tuning, hand positions, strumming and a few chords. The RSVP Ukesters will have you strumming a song before you leave!

WORKSHOP MEAL PLAN

We have arranged for lunch to be brought in for workshop participants, instructors, vendors and helpers, on Wednesday, Thursday, and Friday. Our Thursday evening activity includes dinner at a nominal charge.

At the time you register, you can order extra meals for spouses or family to eat with you. Prices and menus as follows:

Lunches: Served at 11:15am in MP Room at the Rec Center

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| Wednesday, Sept. 25 | Meatloaf, Broccoli, Roasted Potatoes Roll, Chocolate Cake & drink | \$8.50 |
| Thursday, Sept. 26 | Chicken Salad, Fruit, Croissant, Lemon Cake & drink | \$8.50 |
| Friday, Sept. 27 | Chicken & Dressing, Green Beans, Cranberry Sauce, Bread Pudding, & drink | \$8.50 |
| Thursday Picnic: Served at 5:00pm in MP Room at the Rec Center | | |
| | BBQ Pork, Potato Salad, Baked Beans, Cole Slaw, Dessert and drink | \$10.00 |
| Meal Plan | All 3 lunches and Thursday Night Picnic | \$33.50 |

The cutoff for ordering meals and canceling meals will be September 1, 2019.

Any day at lunch, you can order a chef salad in place of the offered meal. Must order before September 1st.

EVENING ACTIVITIES

Wednesday, September 25

Dinner on your own

Thursday, September 26, 5:30PM

Open Stage – Rec Center 5pm BBQ Picnic

Friday, September 27, 5:30PM

Melodies and Musings Mountain Dulcimer Instructor's Concert –
Guntersville Senior Center