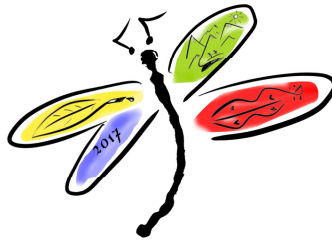


# Melodies and Musings



## Our Appalachian Legacy

Each class is held Wednesday through Friday at the time indicated. You will receive one hour and fifteen minutes of instruction, at the same time each day for that class for a total of 15 hours. Pick n' Choose instruction is different each day for an additional 3 hours. Individual class schedules will be in registration packets. All classes will be at the Guntersville Rec. Center, 1500 Sunset Drive, Guntersville, Alabama or in the Senior Center. Registration packets may be picked up between 3-5pm on Tuesday, September 25.

<b>CLASS SCHEDULE Wednesday, Sept. 26 – Friday, Sept. 28</b>	
8:30 - 9:45 AM	Session One
10:00 - 11:15 AM	Session Two
11:15 AM - 12:15PM	Lunch Break - Jamming, Vendors in MP Room
12:15 – 1:15 PM	Fun "Pick n' Choose"
1:30 – 2:45 PM	Session Three
3:00 – 4:15 PM	Session Four
4:15 - 5:30 PM	Supper Break
5:30 PM	Evening Activities

### **SESSION WORKSHOP TRACKS**

**Mountain Dulcimer Track, \$135**  
**Late Registration after Sept 1, \$145**

Choose from Beginner/Novice, Intermediate or Advanced. You will have one session each day with each instructor: Robert Breton, Jessica Comeau, Jeff Furman and Sarah Kate Morgan. Fee includes: 15 hours of mountain dulcimer instruction working with nationally known instructors, 3 afternoons of fun "Pick n' Choose", one entrance to evening activities and one entrance to Friday festival concert.

	<b>Beginner/Novice Track</b> Same instructor same time each day Instructors will teach different material each of the 3 days
8:30 – 9:45am	<b>Beyond Bum Diddy:</b> So you can strum a regular beat. That's great! Let's see what else you can do to beyond a basic strum. This class will include taking strums you already know and giving them a little more pizzazz. We will also learn how to take a piece you already know how to strum and turn it into a finger picking tune using simple patterns. – Robert Brereton
10-11:15am	<b>Paper-Free Playing- Beginner and Up -</b> Tired of being tied to your tab book or iPad? It can be difficult to really enjoy jamming or even playing on your own when you are utterly dependent on tablature. The goal of this class is to help you become a more intuitive, independent musician. The first half of each class will consist of a variety of ear training exercises that will help develop your aural skills. In the second half, we will learn a tune (or two, as time allows) by ear. A recording device will come in handy. You will go home with a few handouts, but this class is not tablature based. – Sarah Kate Morgan
1:30 – 2:45pm	<b>Building a Strong Foundation -</b> This class will focus on improving your basic skills for playing the dulcimer. Specifically we will look at right hand skills, left hand skills, and putting it all together! A strong emphasis will be placed on your rhythm and strumming, improving your left hand fingering, and getting better sound when you play. – Jeff Furman
3:00 – 4:15pm	<b>Beginner- Mountain Porch Music</b> - The mountain dulcimer began as an instrument played in the serene retreat of one's own home. For people living in the Appalachian Mountains, music was a sincere, spontaneous expression of the rhythms of everyday life. The traditional Appalachian selections we will learn in this class are a tribute to the mountain dulcimer's front porch origins. These songs will encourage us to continue practicing skills such as strumming, plucking individual strings, fretting cleanly and confidently, fingerwalking, reading basic tablature, and playing in tune (DAD tuning). Besides these skills, we will also learn about how to play well with others. – Jessica Comeau

	<b>Intermediate Track</b> Same instructor same time each day Instructors will teach different material each of the 3 days
8:30 – 9:45am	<b>Old Time Appalachian Fiddle Tunes by Ear -</b> I'll be sharing some unique, and fun to play old-time tunes you may have never heard before. We'll also be discussing the mountain dulcimer's role in old-time music and how to add rhythmic drive and variation to these tunes. Be ready to explore other tunings besides DAD. I'll be teaching these tunes by ear, phrase by phrase. I'll hand out tab at the end of class. – Sarah Kate Morgan
10-11:15am	<b>The Wonderful World of Chords!</b> - Improving your understanding of chords and how to use them can open vast potentials for your dulcimer playing. We will explore chords and their various voicings, use chords to help you improve your smoothness through better fingering choices, learn how chords can help you find melody and harmony notes, use chords to help you in playing backup with others, get more familiar with figuring out chords in different keys, and more! Please BRING A CAPO. – Jeff Furman
1:30 – 2:45pm	<b>Intermediate- In the Cycle of the Year: Seasonal Songs</b> - Many English folk songs and medieval pieces from throughout Europe have celebrated the four



1. **Duets and Trios for Dulcimers** - Robert Brereton - If you “play well with others”, this is just for you. Several arrangements of classical and traditional tunes for two or more dulcimers. Vivaldi’s Concerto in D Major, Kanonwaltzer, just to name a few. If you enjoy ensemble playing, or are in a dulcimer club, this is a class for you! If you have a bass dulcimer, bring it along.
2. **Garden Party for Mountain Dulcimers (Intermediate)** – Jessica Comeau - A celebration of songs that evoke the simplicity, elegance, and harmony with nature that one finds at a garden party. We will be playing our songs in DAD, and some may need a capo.
3. **Sing-A-Long! (Old-time Songs and More)** – Jeff Furman - This will be a fun class for folks who want to do some singing! You are welcome to bring any instrument and play along if you like, but it’s not required. I will play dulcimer, guitar, and maybe banjo as we sing some classic and fun old-time songs. I will also teach you an Appalachian hymn.)
4. **Mountain Dulcimer Master Class - All levels** – Sarah Kate Morgan - Interested in a different type of workshop? A master class is a refreshing change of pace from the traditional workshops that take place at most dulcimer festivals. Here's how it works: come prepared to play two tunes or songs for the class. You'll each take turns sharing your music, and I'll critique your playing and give my best advice on how to best improve the tune or your technique. If you are new to playing in front of people, this an encouraging, gentle environment to help shake those nerves. If you have an arrangement or technique that needs some work, this is a great opportunity to get some feedback. Come and try something new!
5. **Dragonfly Earrings** – Arlene Rakestraw - Advice from a dragonfly: Spend time near the water.. Be colorful... Zoom in on your dreams... Appreciate long summer days. Bring home a remembrance of your time at our festival with a pair of hand-crafted Dragonfly earrings. All materials are pre-packaged for you...your only decision is what colors to choose from a rainbow of Swarovski crystals. No experience necessary. Earrings are available for pierced and non-pierced ears. All tools are provided at the class. Supply cost \$12.

**Thursday, September 27, 12:15-1:15pm**

1. **Contra Dance** – Jane Ewing - American Traditional contra and square dancing is what was done by our forefathers, especially in the Appalachian Mountains. This form of communication made it possible to talk to your neighbors & friends at gatherings while the fiddlers played their tunes. The caller magically moves the dancers in a way that passes you by everyone else in the hall during an evening.
2. **Ballad Sampler (Intermediate)** - Jessica Comeau - A sampling of enduring, mysterious ballads from England, Ireland, and Scotland that represent different sources of our modern

knowledge of ballads. Our selections include Child ballads, broadside ballads, and ballads that directly influenced the American folk music tradition. Our home tuning will be C-G-C, a sister tuning of D-A-D. Please bring a capo with you.

3. **Irish Jigs** - Robert Brereton - This class will present several jigs as well as various ways to strum these jigs. You must be comfortable with hammer ons, pull offs, and slides as these techniques will be used extensively in on of the jig strums. The jigs will include Drops of Brandy and Pipe on the Hop. We will start in the D-A-d tuning but also use the “reverse ionian” D-G-d tuning. In addition, we will briefly discuss the uses and meaning of “reverse tunings.”

4. **Unaccompanied Appalachian Ballad Singing - vocal class for any level (no instruments)** - Sarah Kate Morgan - Come and be a part of the rich tradition of unaccompanied ballad singing in the southern mountains. In this class you will learn many fascinating ballads as well as the unique vocal techniques and phrasing styles found in this genre of folk music. All songs will be taught by ear, so a recording device will come in handy. Lyrics will be provided.

5. **Basic Sketching & Shading** – Gina Bowles - Our eyes depend on light and shadow to define form, so it's important to understand the basic properties of light and shadow to create form in drawing. Supplies: basic sketching kit or sketching pencils, paper, kneaded eraser, stump (or wadded up Kleenex).

**Friday, September 28, 12:15-1:15pm**

1. **Appalachian Roots** – Robert Brereton - Here are some traditional songs for dulcimer arranged for “noter style.” All you need is one finger (or a noter) to play these charming traditional tunes including Pretty Saro, Barbara Allen, and more. Additionally we will discuss the history of some of these songs as they travelled from the British Isles to America. Starting tuning will be D-A-d

2. **Ancestors of the Mountain Dulcimer (Intermediate)** – Jessica Comeau - The Appalachian mountain dulcimer owes much to the legacy of earlier European instruments from Germany, Scandinavia, and France. In this class, we will learn about these ancestral zithers (including the langeleik, langspil, scheitholt, hummel, and épinette des Vosges) and learn several songs that celebrate the spirit of these folk instruments. Please bring your tuner and a capo.

3. **Teaching/Learning Forum (dulcimer and other things!)** – Jeff Furman - Not just for teachers!! This class will cover concepts, techniques, and tips for teaching others to play an instrument. Examples will be used to emphasize both pros and cons of various teaching techniques, and the challenges of teaching and learning at different ages. It is intended to encourage group discussion and sharing so we can all learn how to better teach and spread the beauty and appeal of our beloved dulcimer...even if it's 1 player at a time!)

**4. Doo-Wop on the Dulcimer!** – All level mountain dulcimer players, and any level chord playing instruments. Folks are also welcome to come without an instrument and just sing along – Sarah Kate Morgan - Bring your saddle shoes & poodle skirts! We'll have fun singing & playing some of my favorite doo-wop pieces! Four simple chords are used to play 99% of all doo-wop music. Bring your dulcimer, but you're welcome to bring whatever instrument you play or come & just sing along.

**5. Ukulele FUNdamentals**– RSVP Ukesters - The ukulele is an easy instrument to learn, and quickly rewarding. Bring your soprano, concert or tenor Ukes and learn the basics: tuning, hand positions, strumming and a few chords. The RSVP Ukesters will have you strumming a song before you leave!

### WORKSHOP MEAL PLAN

We have arranged for lunch to be brought in for workshop participants, instructors, vendors and helpers, on Wednesday, Thursday, and Friday. Our Thursday evening activity includes dinner at a nominal charge.

At the time you register, you can order extra meals for spouses or family to eat with you. Prices and menus as follows:

**Lunches: Served at 11:15am in MP Room at the Rec Center**

Wednesday, Sept. 26	Meatloaf, Broccoli, Roasted Potatoes Roll, Chocolate Cake & drink	\$8.50
Thursday, Sept. 27	Chicken Salad, Fruit, Croissant, Lemon Cake & drink	\$8.50
Friday, Sept. 28	Chicken & Dressing, Green Beans, Cranberry Sauce, Bread Pudding, & drink	\$8.50
<b>Thursday Picnic: Served at 5:00pm in MP Room at the Rec Center</b>		
	BBQ Pork, Potato Salad, Baked Beans, Cole Slaw, Dessert and drink	\$10.00
<b>Meal Plan</b>	All 3 lunches and Thursday Night Picnic	\$33.50

*The cutoff for ordering meals and canceling meals will be September 1, 2018.*

*Any day at lunch you can order a chef salad in place of the offered meal. Must order before September 1<sup>st</sup>.*

### EVENING ACTIVITIES

**Wednesday, September 26**

Dinner on your own

**Thursday, September 27, 5:30PM**

Open Stage – Rec Center                      5pm BBQ Picnic

**Friday, September 28, 5:30PM**

Melodies and Musings Mountain Dulcimer Instructor's Concert –

Guntersville Senior Center